



FOUNDATION STAGE AND KEY STAGE 1  
Sex and Relationship Education

Dear Parents/ Carers

At Denbigh we believe that we have the responsibility to provide children of all ages with accurate, sensitive, appropriate information based on their needs. Sex and Relationship Education (SRE) contributes to the social, moral and cultural development of children and provides an open and safe environment for children to learn about positive relationships, to value and respect themselves and others and to make responsible and reasoned choices.

During our SRE lessons we will be exploring what makes a healthy relationship and are using the expect respect resources from Woman's Aid to support these lessons. This is an age appropriate resource designed to ensure children know what a healthy, safe relationship is.

We have also added more emphasis on different relationships including different types of families. This will allow children to celebrate difference and diversity in school and in the wider world. The terms gay and lesbian will be introduced to the children.

Stereotypes will be investigated with the children through Foundation Stage and Key Stage 1 through stories which challenge preconceptions such as Williams Doll and The Worst Princess. Children will be encouraged to accept each other and understand that we are all different but of equal value.

If you require any more information or you would like to look at any of the resources we use please do not hesitate to contact me.

Mrs Newby

PSHE Co-ordinator