

this week's menu



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Minced beef & dumplings served with creamed potatoes	Salmon pasta bake	Beef burger in a bun served with oven baked potato wedges	Roast pork & Yorkshire pudding served with roast potatoes	Oven baked battered fish served with chipped potatoes
MEAT FREE CHOICE	Spinach & ricotta tortellini in a homemade tomato sauce	Pizza margherita served with mixed salad	Homemade vegetable lasagne	Mixed bean chilli served with brown rice	Vegetable burger served with chipped potatoes
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Apple crumble served with vanilla ice cream	Chocolate orange muffin served with chilled milk	Jam & coconut sponge served with custard	Raspberry shortbread served with chilled milk	Homemade gingersnap biscuit served with chilled milk
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

FRESH food
matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

www.northtyneside.gov.uk