

# this week's menu



## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Homemade chicken curry served with brown rice	Beef grill served with oven baked potato wedges	Pasta bolognese	Roast chicken & Yorkshire pudding served with creamed potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Vegetable fingers served with oven baked potato wedges	Homemade roasted vegetable quiche served with roast potatoes	Pizza margherita served with mixed salad	Chickpea & vegetable curry served with brown rice	Homemade lentil fritters served with chipped potatoes
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Lemon drizzle sponge served with custard	Homemade chocolate brownie served with chilled milk	Very berry sponge served with custard	Ice cream sponge served with raspberry sauce & peaches	Oaty crunch biscuit served with chilled milk
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

**FRESH** food matters

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

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