







## www.denbighps.org.uk

Newsletter for Parents and Carers: 20/12/19

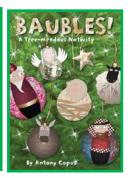
## DENBIGH

We have had a very kind donation from North East Homeless, a charity run by two of our parents Mr & Mrs Burridge. They found out that we were collecting for their charity so to return the kindness they have donated a number of items to the school that were given to them, including sports and art equipment. A huge thank you to them and please keep collecting for their charity.



The children in EYFS put on a fantastic show in the Denbigh Express 2019. We had crackers, snowmen, presents, elves, penguins and even a visit from the big man himself, Santa. We were so proud of the children. Happy Christmas!

KS1 told the real story of Christmas through their beautiful performance of "Baubles". The story centred around a school, not too different from this one, where a kind hearted caretaker decorated a Christmas tree with baubles which told the story of the birth of Jesus over two thousand years ago. It was a lovely reminder about the importance of family, kindness and caring across the festive period. The children performed beautifully and confidently, singing their hearts out and giving it their all.





Well done to all of Year 3 and 4 children for their Christmas performance - the singing was fantastic, they were all amazing and looked beautiful!



Year 5 and 6 have had a great time performing their Christmas production of Bah Humbug. After weeks of rehearsals, they have wowed everyone with their singing, acting and overall performing, they have made everyone at Denbigh very proud!



The winner of the Christmas hamper for attendance was Matthew Burgess, Y4 Elephants. Keep up the good work, Merry Christmas and we will see you on 7th January.

























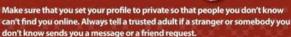




With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

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**NEVER SHARE YOUR PERSONAL INFORMATION** WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE

> This could really upset them and could get you into a lot of troubl Always think twice before posting anything on social media and treat people online as you would in real-life.

**NEVER SEND NAKED PICTURES** OF YOURSELF TO OTHERS

> This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.

CREATE A POSITIVE ONLINE REPUTATION

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Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.

LIMIT YOUR SCREEN TIME

Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

7 BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.

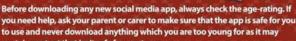
8) REPORT INAPPROPRIATE CONTENT

If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

ONLY USE APPS WHICH YOU ARE OLD **ENOUGH TO USE** 

ALWAYS SECURE ALL YOUR SOCIAL

CONTROLS' FOR SOCIAL MEDIA



to use and never download anything which you are too young for as it may contain content that isn't safe for you to see. \*\*\*\* 10

MEDIA PROFILES WITH A PASSWORD This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are

memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them. ASK PARENTS TO SET-UP 'PARENTAL

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.



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