



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2						
Year 1	Gymnastics 1 (balance)	Gymnastics 2 (balance)	Dance 1	Dance 2	Hit, Catch, Run 1	Hit, Catch, Run 2						
	Send & Return 1 (fundamental)	Send & Return 2 (fundamental)	Attack, Shoot, Defend 1	Attack, Shoot, Defend 2	Run, Jump, Throw 1	Run, Jump, Throw 2						
Year 2	Gymnastics 1 (balance)	Gymnastics 2 (balance)	Dance 1	Dance 2	Run, Jump, Throw 1	Run, Jump, Throw 2						
	Send & Return 1 (fundamental)	Send & Return 1 (fundamental)	Attack, Shoot, Defend 1	Attack, Shoot, Defend 2	Hit, Catch, Run 1	Hit, Catch, Run 2						
Year 3	Gymnastics 1 (balance)	Gymnastics 2 (balance)	Basketball (Invasion)	OAA (Problem solving and orienteering)	Dance	Dance						
	Athletics	Netball (Invasion)	Hockey (Invasion)	Tennis (Net/Wall)	Rounders (Strike/Field)	Cricket (Strike/Field)						
Year 4	Gymnastics (balance)	Gymnastics (balance)	Dance	Dance	Rounders (Strike/Field)	OAA (Problem solving and orienteering)						
	Hockey (Invasion)	Netball (Invasion)	Basketball (Invasion)	Tennis (Net/Wall)	Athletics	Cricket (Strike/Field)						
Year 5	Swimming	OAA (Problem solving and orienteering)	Gymnastics 1 (balance)	Gymnastics 2 (balance)	Athletics	Dance						
	Swimming	Netball (Invasion)	Hockey (Invasion)	Tennis (Net/Wall)	Rounders (Strike/Field)	Cricket (Strike/Field)						
Year 6	Football (Invasion)	OAA (Problem solving and orienteering)	Dance	Dance	Gymnastics 1 (balance)	Gymnastics 2 (balance)						
	Hockey (Invasion)	Netball (Invasion)	Athletics	Tennis (Net/Wall)	Rounders (Strike/Field)	Cricket (Strike/Field)						
<table border="1" style="width:100%; text-align:center;"> <tr> <td style="width:16.6%;">Gymnastics</td> <td style="width:16.6%;">Dance</td> <td style="width:16.6%;">Games</td> <td style="width:16.6%;">Athletics</td> <td style="width:16.6%;">OAA</td> <td style="width:16.6%;">Swimming</td> </tr> </table>							Gymnastics	Dance	Games	Athletics	OAA	Swimming
Gymnastics	Dance	Games	Athletics	OAA	Swimming							

Health Related Fitness taught through OPAL Play



## Competitions

Year Group	Term	Sport
Year 1	Spring 2	Attack, shoot and defend
	Summer 2	Run, jump and throw
Year 2	Spring 2	Attack, shoot and defend
	Summer 1	Run, jump and throw
Year 3	Autumn 1	Athletics
	Spring 1	Hockey
Year 4	Autumn 2	Netball
	Spring 1	Basketball
Year 5	Spring 1	Hockey
	Spring 2	Tennis
Year 6	Autumn 2	Netball
	Spring 2	Tennis