



Helping your child with in Year 1.

Reviewing and evaluating music - All of the different styles and genres of music sound different. reviewing and evaluating music doesn't have to be complicated. Mostly, evaluation is listening to the sounds and instruments and discussing what they can hear, what you like about the music and comparing it to other music. Talk about the tempo, beat, rhythm, dynamics (see vocabulary below) Ask questions - What do you like? What do you not like? How does the music make you feel? How would you move to this piece of music? What type of movie would this be good for? Just discussing these aspects helps your child to think about what they are listening to and link it to other areas of their learning.



Instrumental sounds:

- Make your own musical instruments using cardboard rolls, tins, dried peas, beans, stones. Shake these loudly, softly, as you are marching, skipping, stamping. Play Guess what's inside the instrument
- Sing known songs loud and then soft, stretch words in known songs and add new words or sounds
- Listen to range of music with your child from rap to classical. Encourage your child to move in response to the variety of musical styles and moods



Useful Vocabulary

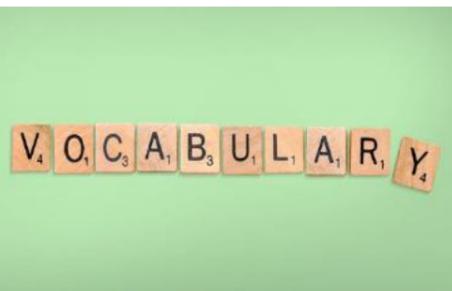
Pulse - The beat/heartbeat of a piece of music

Rhythm - Musical patterns made of notes of different durations/lengths

Pitch - High or Low musical sounds

Tempo - The speed of the music

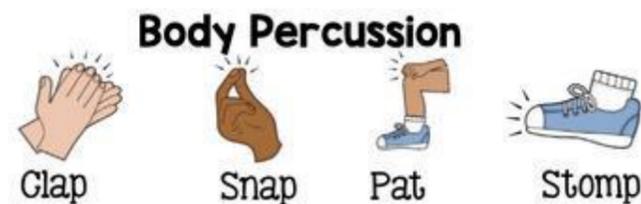
Dynamics - How loudly or quietly a piece of music plays.



Rhythm and Rhyme: • Get into the rhythm of our language; bounce your child on your knee to the rhythm of a song or nursery rhyme, march or clap to a chant or poem • Help your child move to the rhythm of a song or rhyme • Read or say poems, songs, nursery songs and rhyming stories as often as you can, try to use gestures, tap regular beats and pauses to emphasise the rhythm of the piece • Add percussion to mark the beats using your hands, feet or instruments • Try out some rhythmic chanting such as 'Two, four, six, eight, hurry up or we'll be late' or 'Bip bop boo, who are you?'

Rhythm & Rhyme

Body Percussion: • Learn some action rhymes such as 'wind the bobbin up'. • Play some commercially produced tapes and CDs to clap along with familiar rhymes and to learn new ones. • Listen to the sounds your feet make when walking/running/skipping: slowly, softly, fast, stomping hard, in flip flops, boots, high heels • Different types of claps, Clap your hands softly, fast, make a pattern for your child to follow do the same clapping your thighs or stomping with your feet. Tap your fingers. Click your tongue • Invent a special family clap routine for when someone does something really well



Performing - Children love to show off any new skills or talents that they have. Performing is a great way of allowing them to do this and helps them to build confidence. Encourage your child to perform for you. Get involved! Perform with them. Sing songs together, have a go at using basic percussion instruments (drums, maracas, shakers, claves etc). You could make your own instruments (see below) and explore the sounds that they make. Use them to enhance your songs or you could use objects around your home (pans and spoons, plastic bins, spoons, bottles and dried beans etc.)

This website has some fantastic ideas for making your own instruments.

[make your own instruments](#)

Creating and composing music - You don't have to be an expert to create and compose music. Making music can be as simple as putting sounds together. From early years to adulthood, composing can be accessed at a range of levels. Young children can use the instruments mentioned above (see performing)



Useful websites

Out of the Ark

www.outoftheark.co.uk/oatam-at-home

Try: 'No Place Like...' to help you think about music in your home.

<https://www.bbc.co.uk/teach/ten-pieces/classical-music-kerry-andrew-no-place-like/z7k4f4j>

Try 'Connect It' for making music using body percussion.

<https://www.bbc.co.uk/teach/ten-pieces/KS2-anna-meredith-connect-it/zhyyb82>

Dippy the Explorer

<https://gmmusicHub.co.uk/events/>

Learn to sing our specially commissioned GM Music Hub Singing Challenge song - 'Dippy the Explorer'.

Ideas for activities linked to the song and Dinosaur music.

Creating music

<http://www.creatingmusic.com/>

<https://www.mydso.com/dso-kids/learn-and-listen> (learn and listen to instruments, info about composers, also you can make your own instruments)